

## ALLA NERUBASSKA

Position: **Associate Professor of the Department**  
Academic degree, academic title: **Doctor of Philosophy, Associate Professor**

### ACADEMIC DISCIPLINES TAUGHT

1. Philosophy / bachelor's degree
2. Personality Psychology / Bachelor's degree
3. Social Psychology and Sociology (with CEB) / Bachelor's degree
4. Differential psychology / Bachelor's degree
5. Research Methodology and Academic Integrity / Master's degree

### MAIN SCIENTIFIC PUBLICATIONS

Provide a list of the main scientific and methodological works within the speciality and related to the discipline taught by the NPD. 5-6 titles.

1. **Nerubasska Alla, Lopuga Oresta.** Pandemic Panic in information space: the fact and its ladennes. Postmodern Openings, Openings Journal - LUMEN Publishing House, Iasi, Romania Vol.11, Issue 1 Supl. 2 (2020), pp. 93-99.  
(May) [www.lumenpublishing.com/journals](http://www.lumenpublishing.com/journals)
2. **Nerubasska Alla, Maksymchuk Borys.** The Demarcation of Creativity, Talent and Genius in Humans: a Systemic Aspect. Postmodern Openings, Openings Journal - LUMEN Publishing House, Iasi, Romania Vol. 11, N 2. (2020), pp. 240-255. (WoS) (June) [www.lumenpublishing.com/journals](http://www.lumenpublishing.com/journals)  
Postmodern (WoS)
3. **Paulova V., Nerubasska A., Kuzmenko I., Yamilova T., Zahorodnia L.** Research of Satisfaction of Educational Results from the Viewpoint of Education Services Consumers. Universal Journal of Educational Research 8(8): 3655-3665, 2020. DOI: 10.13189/ ujer.2020.080844 (Scopus).
4. **Olena Skalatska, Alla Nerubasska, Tetiana Yamilova, Oksana Bielyaieva, Liudmyla Zahorodnia.** Effective Communication Of Ukrainian Medical Opinion Leaders In Social Network. Journal of Critical Reviews Vol. 7, ISSUE 04, 2020. Pp. 1673-1679 (Scopus)
5. **Nerubasska Alla, Kostiantyn Palshkov, Maksymchuk Borys.** A Systemic Philosophical Analysis Of The Contemporary Society and the Human: New Potential. Postmodern Openings, Vol. 11 (4). (2020), pp. 275-292.
6. **Nerubasska A., Paulova V., Bogochenko V, Lopuga Oresta.** Society Ladenness Model: Sistem-Parametric Analysis. Postmodern Openings, Vol. 12 (1Sup1), 2021. pp 271-286 (WoS)
7. **Nerubasska Alla** and orthe. Sistem-Parametric Analysis of a Creative Person: New Facets of Comprehension. Postmodern Openings, Vol. 13 (1Sup1), 2022, pp 254-266.

### Specialist:

1. **Nerubas'ka A.O., O.V. Sarnavska, K.E. Palshkov** Parametric analysis of the system "communication". Scientific professional journal "Actual problems of philosophy and sociology. № 28. 2021. C. 14-20.
2. **Nerubas'ka A.O., Balbuza O.M.** Psychological and philosophical correction of emotional states during the period of Russian aggression against Ukraine. Scientific journal of psychology and sociology: Habitus. m. Odesa. № 40. 2022. PP. 126-131 DOI <https://doi.org/10.32782/2663-5208.2022.40.20>
3. **Nerubasska A.O., Kuznetsova A.V., Bryzytska S.V.** PROFESSIONAL SELF-CONCIOUSNESS OF TEACHERS AS A VARIANT OF CAREER TYPE ANALYSIS. Habitus. № 42. 2022. pp.189-192 DOI <https://doi.org/10.32782/2663-5208.2022.42.32>
4. **Nerubas'ka A.O., Turlevska D.I.** Peculiarities of development of children with autism spectrum disorders. Habitus. № 44. 2022, pp. 92-94 DOI <https://doi.org/10.32782/2663-5208.2022.44.16>
5. **Nerubas'ka A.O., Shepeleva V.S.** Influence of music therapy on the psychological state of a person. Habitus. № 47, 2023. PP.200-203 DOI <https://doi.org/10.32782/2663-5208.2023.47.35>

- 6. Nerubas'ka A., Moskal'ova V., Fesiuk H.** Modern aspects of psychological adaptation of servicemen in combat conditions. *Habitus*. № 47, 2023. PP.229-233 DOI <https://doi.org/10.32782/2663-5208.2023.51.39>
- 7. Nerubaska A.O., Nesterenko A.S., Soloviova I.O.** Theoretical analysis of the concept of "traumatic experience" // *Habitus magazine*, Odesa: № 60. 2024, pp. 36-43.
- 8. Nerubas'ka A.O., Govorun T.V., Shepeleva V.S.** Influence of the perception of stress by a person on the brain's recovery: Physiological and age-related aspects. *Socio-psychological journal Habitus*. № 59. 2024. C.311-315. (<http://habitus.od.ua/journals/2024/59-2024/56.pdf>).
- 9. Nerubas'ka A.O., Hovorun T.V., Palade A.S.** Empirical study of the level of stress in the context of the problem of stress resistance of the IDPs group. № 65. 2024. C.256-261. (<http://habitus.od.ua/journals/2024/65-2024/47.pdf>).
- 10. Nerubaska A.O., Kriukova M.A., Shelepun E.** The work of a psychologist on the development of self-improvement of future Ukrainian officers (Part 1 - Theoretical) // *Journal "Habitus"*, Odesa: № 65. C.240-245.
- 11. Nerubasskaya A.O. Sapega P.V.** The role of egoism in the formation of an altruistic model of behaviour // *Journal Editorial Board of the scientific publication "Journal of Social and Practical Psychology"*. Zhytomyr: Publishing house "Helvetica", №4, 27.12.2024. S. (FAH) DOI: <https://doi.org/10.32782/psy-2024-4-12>
- 12. Nerubas'ka A.O., Shelepun E.V., Krupenina K.O.** The work of a psychologist on the development of self-improvement of future Ukrainian officers (Part 2: Empirical). *Journal "Habitus"*, Odesa, № 72, 2025

### **Monographs:**

1. Nerubas'ka A.O. *System-parametric model of bifurcation personality: [monograph]*. Odesa: S. L. Nazarchuk, 2020, 340 p. 21 p.a.
2. *Ensuring Standards of Quality of Life in a Turbulent World. Monograph*. Scientific editors: Tadeusz Pokusa and Tetyana Nestorenko. Opole: The Academy of Applied Sciences - Academy of Management and Administration in Opole, 2022; pp. 623. (Section 4.7.) pp. 431-441, 611. 0.6 a.a.
3. Alla Nerubaska, Polina Poplavska. Features of professional self-consciousness of the subjects of education. *Edukacja i społeczeństwo VIII. A collection of scientific papers / Tetyana Nestorenko, Renata Bernatova, Aleksander Ostenda (red.)*. Akademia Śląska: Wydawnictwo Wyższej Szkoły Technicznej w Katowicach, Polska. 251 s. 2024. pp. 237-246, 0.6 d.a.

### **Methodical materials**

**Nerubasska A.O., Kuznetsova O.V., Rybak O.M.** Methodical recommendations for writing and defending a diploma thesis for the first (bachelor's) level of higher education in the fields of knowledge 07 "Management and Administration" and 05 "Social and Behavioural Sciences". Odesa: OI IAPM, 2023. 48 c.

Methodical recommendations for the preparation of term papers on social psychology (for 3rd year students, speciality 053 Psychology of the first (bachelor's) level) / Odesa: Odesa Institute of PJSC "Higher Educational Institution "Interregional Academy of Personnel Management", 2023. 36 p.

Methodical recommendations for the preparation of term papers on Personality Psychology (for 2nd year students, speciality 053 Psychology of the first (bachelor's) level) / Odesa: Odesa Institute of PJSC "Higher Educational Institution "Interregional Academy of Personnel Management", 2023. 34 p.

Methodical recommendations for the preparation of term papers on Psychological Counselling (for 4th year students, speciality 053 Psychology of the first (bachelor's) level) / Odesa: Odesa Institute of the Interregional Academy of Personnel Management, 2023. 36 p.

**Nerubas'ka A.O., Bocharova Y.V.** Complex of interactive presentations on Psychology of Influence: a course of lectures for masters. Odesa, 2025.

<b>SCIENTIFIC AND PUBLIC ACTIVITY (IF ANY)</b>	
Indicate the activity related to the speciality and profile of the OP. Membership in professional organisations, membership in editorial boards of scientific publications, participation in the jury of professional competitions, membership in specialised academic councils, etc. Modern approaches to ensuring sustainable development: coll. Monograph. The University of Technology in Katowice Press, 2023 (member of the editorial board). Member of the philosophical community of Odesa based on the Faculty of History and Philosophy of the I. I. Mechnikov National University of Odesa, meetings every month on the 3rd Wednesday in the House of Scientists. Member of the Association of Psychologists of Higher Education of Ukraine	year  2023 2005 2025
<b>ADDITIONAL INFORMATION (IF ANY)</b>	
<p><b>Professional development:</b></p> <p>No. K38-1539206, Na Urok, LLC, in the areas of "Cross-cutting skills", "Psychology", "Work of an educational institution", "Practical methods", duration 10 hours/0.33 ECTS credits, 21.11.2020</p> <p>2) No. JSI-71709-KSW dated 17.07.2021. Period 7.06.-17.08.2021, speciality 061 - "Journalism", 180 hours. Scientific and pedagogical internship on the topic "Methods of improving the training of qualified specialists in the field of journalism, advertising in Ukraine and EU countries". Cuiavian University in Włocławek, Poland.</p> <p>3) No. K-44-15392066, Na Urokon LLC in the areas of Critical Thinking, Media Literacy, ICT, Practical Techniques, 10 hours/0.33 ECTS credit, 06.02.2021</p> <p>4) No. 2021/17-12 of 19.02.2021 advanced training in the course "TOP 30 ZOOM games - pedagogy in the field of ICT", duration 6 hours / 0.2 ECTS credits, 15-19 February 2021</p> <p>5) № 00127522/05222-22 on advanced training at IAPM from 06.01-28.02.2022 in the programme "Psychology", 150 hours, 5 ECTS credits.</p> <p>6) certificate № ESM-20230000495, 16-28.01.2023. 26 hours, 0.9. ECTS cr. certificate № IPE-20230000502, 16-28.01.2023. 24 hours, 0.8 ECTS cr. certificate № EPSCP-20230000626 16-28.01.2023. 36 hours, 1.2 ECTS cr. certificate № EPSI-20230000503. 16-28.01.2023. 12 hours. 0.4 ECTS. Cr. certificate No. ESP-20230000553 16-28.01.2023 20 hours, 0.7 ECTS cr. certificate № EPSC-20230000511. 16-28.01.2023. 12 hours. 04 ECTS cr. certificate № SDEPS-20230000480 12 hours), 16-28.01.2023 12 hours 4 ECTS cr.</p> <p>7) Private Joint-Stock Company "Higher Educational Institution "Interregional Academy of Personnel Management", Certificate of Professional Development PC №00127522/004538, topic: "Innovative methods of teaching a foreign language in higher education institutions", dated 26.02.2021, 7 ECTS credits (210 hours);</p> <p>8) Private Joint-Stock Company "Higher Educational Institution "Interregional Academy of Personnel Management", Certificate of Professional Development PC №00127522/005221-22, topic: "Psychological adaptation of students when learning a foreign language in quarantine", dated 28.02.2022, 7 ECTS credits (210 hours)</p> <p>9). PJSC "Higher Educational Institution "IAPM", Certificate of advanced training PC №00127522/006051-23 in the programme "Philology" on the topic: "Business foreign language" of 27.10.2023, 7 ECTS credits (210 hours)</p> <p>10) I. I. Mechnikov Odesa National University, Certificate of advanced training No. ATPP-001 DJ-2324-0016 in the programme Psychology, topic: "Psychological assistance to victims of the war in Ukraine", December 2023-January 2024, 4 ECTS credits (120 hours)</p>	

